

# Real-World Effectiveness and Tolerability of Bictegravir/Emtricitabine/Tenofovir Alafenamide (BIC/FTC/TAF) in Treatment-Experienced (TE) People With HIV With a History of CKD

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### Key Findings

- Median eGFR was stable through 24 months for people with HIV (PWH) who were receiving BIC/FTC/TAF, including participants with an eGFR < 50 mL/min/1.73 m<sup>2</sup>, many of whom had baseline characteristics associated with an increased risk of renal AEs (e.g., diabetes and hypertension)
- Overall, 95% of participants were virologically suppressed at 24 months (HIV-1 RNA < 50 c/mL); all those with baseline CKD achieved or maintained virologic suppression at 24 months
- Overall, renal or urinary drug-related adverse events (DRAEs) occurred in 3% of participants; there were no renal or urinary drug-related serious adverse events (SAEs) in participants with a history of CKD
- There were no BIC/FTC/TAF discontinuations due to renal or urinary DRAEs

### Conclusions

- BIC/FTC/TAF was effective and well tolerated with respect to renal outcomes in this real-world study in treatment-experienced (TE) people with HIV and CKD switching to BIC/FTC/TAF
- In people with CKD and risk factors for worsening renal function (e.g., diabetes, hypertension), these data support the safe use of TAF-based regimens in people with an eGFR as low as 30 mL/min/1.73 m<sup>2</sup>

### Introduction

- TAF-based regimens are recommended in the DHHS clinical guidelines and are FDA-approved for PWH and ongoing CKD (estimated CrCl 30–60 mL/min\*)<sup>1,2</sup>
- In an integrated analysis of clinical trial data for 9,322 adults and children with HIV, there were no cases of proximal renal tubulopathy in participants receiving TAF-based regimens and significantly fewer individuals on TAF-based regimens discontinued due to renal AEs than those on non-TAF-based regimens (*P* < 0.001)<sup>3</sup>
- There are limited real-world data on the efficacy and safety of TAF-based regimens in people with HIV and CKD
- The ongoing, international (E.U./U.K., Israel, Asia, Canada) BICSTaR cohort study is investigating the real-world effectiveness and safety of BIC/FTC/TAF, a once-daily, TAF-based single tablet regimen, in treatment-naïve (TN) and TE PWH
  - While BIC/FTC/TAF has been shown to increase serum creatinine levels due to inhibition of tubular secretion of creatinine, this does not affect actual renal glomerular function<sup>1</sup>

**Using data from BICSTaR, we evaluated the renal safety profile and effectiveness of BIC/FTC/TAF in TE PWH and a history of CKD**

\*TAF-containing regimens are not recommended in the DHHS clinical guidelines for individuals with estimated CrCl < 30 mL/min unless receiving chronic hemodialysis.

### Methods

#### Study Design

**BICSTAR**

N = 843\*

Baseline | 12 months: primary endpoint – virologic suppression† | 24 months

HIV-1 infection  
TE  
Age ≥ 18 years

BIC/FTC/TAF once daily

\*Participants with baseline and Month 24 data or who had discontinued BIC/FTC/TAF and/or study prior to the cutoff date for analysis (February 2022) and who had eGFR data at baseline; †HIV-1 RNA < 50 c/mL.

#### Study Assessments

- Renal outcomes: median eGFR through 24 months using the MDRD<sup>4</sup> and CKD-EPI<sup>5</sup> formulas
- Effectiveness (virologic outcomes): plasma HIV-1 RNA at 24 months
- Safety and tolerability: AEs, SAEs, renal or urinary AEs, DRAEs, and renal or urinary DRAEs through 24 months

### Results

#### Demographic and Baseline Characteristics

Characteristic	Baseline MDRD eGFR range,* mL/min/1.73 m <sup>2</sup>				Total N = 843
	< 50 n = 18	50–59 n = 72	60–89 n = 451	≥ 90 n = 302	
Male sex, n (%)	16 (89)	61 (85)	396 (88)	229 (76)	702 (83)
Age ≥ 50 years at BIC/FTC/TAF initiation, n (%)	17 (95)	54 (75)	234 (52)	90 (30)	395 (47)
White race, n (%)	17 (94)	66 (92)	379 (84)	190 (63)	652 (77)
HIV-1 RNA < 50 c/mL, n (%)†	16 (89)	64 (94)	423 (95)	253 (87)	756 (92)
MDRD eGFR, mL/min/1.73 m <sup>2</sup> (numeric), median (Q1, Q3)	44.4 (40.2, 47.8)	56.0 (53.9, 57.9)	76.9 (70.4, 82.4)	104.2 (96.0, 116.5)	82.2 (70.8, 97.6)
Coexisting conditions at BIC/FTC/TAF initiation, n (%)					
≥ 1 CVD‡	14 (78)	35 (49)	113 (25)	40 (13)	202 (24)
Diabetes mellitus	5 (28)	5 (7)	26 (6)	20 (7)	57 (7)
Hypertension	10 (56)	30 (42)	89 (20)	32 (11)	161 (19)
Renal and urinary disorder	2 (11)	1 (1)	15 (3)	4 (1)	22 (3)
Number of previous regimens, median (Q1, Q3)	4.0 (2.0, 6.0)	3.0 (2.0, 5.0)	2.0 (2.0, 4.0)	2.0 (1.0, 3.0)	2.0 (1.0, 4.0)
Regimen backbone prior to BIC/FTC/TAF initiation, n (%)					
TDF-based	5 (28)	26 (36)	153 (34)	111 (37)	295 (35)
TAF-based	5 (28)	31 (43)	222 (49)	134 (45)	392 (47)
Other	8 (44)	15 (21)	75 (17)	55 (18)	153 (18)
History of virologic failure on any regimen, n (%)	5 (28)	9 (13)	55 (12)	26 (9)	95 (11)
Time from HIV diagnosis to BIC/FTC/TAF, years, median (Q1, Q3)§	14.5 (11.2, 26.8)	14.0 (7.0, 21.2)	11.0 (5.0, 18.0)	9.0 (4.0, 17.0)	11.0 (5.0, 18.0)

Data shown for TE participants with baseline eGFR data.  
\*Calculated using the MDRD formula; †Missing = excluded analysis; ‡IA7 definition; §TE participants.

### Results (continued)

- Of 843 participants who had baseline eGFR data available, 90 (11%) had CKD (defined as MDRD eGFR < 60 mL/min/1.73 m<sup>2</sup>)
- In participants with baseline CKD versus those without, more participants were > 50 years old, had a comorbidity (hypertension, diabetes, CVD) and had been living with HIV for longer

#### Renal Outcomes Through 24 Months

##### Median MDRD eGFR Over Time\*

Time Since BIC/FTC/TAF Initiation, months	≥ 90 (n = 187)	60–89 (n = 293)	50–59 (n = 45)	30–49 (n = 12)
0	104.2	76.6	55.7	46.8
6	96.2 (-8.6)	73.2 (-1.8)	59.8 (+3.9)	44.5 (-2.4)
12	94.7 (-11.2)	74.1 (-1.8)	59.0 (+2.2)	43.1 (-1.4)
24	93.2 (-14.6)	72.8 (-2.2)	57.7 (+1.9)	43.3 (-1.9)

##### Median CKD-EPI Over Time\*

Time Since BIC/FTC/TAF Initiation, months	≥ 90 (n = 302)	60–89 (n = 209)	50–59 (n = 20)	30–49 (n = 6)
0	104.4	78.7	56.4	46.1
6	100.6 (-4.0)	77.9 (-0.4)	60.0 (+4.5)	42.2 (-2.6)
12	98.4 (-4.9)	76.1 (-0.6)	62.0 (+3.6)	43.9 (-3.5)
24	98.8 (-6.6)	75.7 (-1.0)	57.8 (+4.2)	38.8 (-7.9)

\*For participants with results at all timepoints.

#### Demographic and Baseline Characteristics

Characteristic	Baseline MDRD eGFR range,* mL/min/1.73 m <sup>2</sup>				Total N = 843	P-value†
	< 50 n = 18	50–59 n = 72	60–89 n = 451	≥ 90 n = 302		
Any AE, n (%)	8 (44)	53 (74)	318 (71)	171 (57)	550 (65)	< 0.001
Any SAE, n (%)	2 (11)	8 (11)	45 (10)	27 (9)	82 (10)	0.932
Any renal or urinary AE, n (%)	1 (6)	7 (10)	22 (5)	5 (2)	35 (4)	0.012
DRAE, n (%)	1 (6)	13 (18)	81 (18)	30 (10)	125 (15)	0.011
Renal or urinary DRAE, n (%)	0 (0)	1 (14)	0 (0)	0 (0)	1 (3)	0.392
Discontinuation due to any DRAE	1 (6)	4 (6)	41 (9)	17 (6)	63 (8)	0.299

\*Calculated using the MDRD formula; †P-values presented are calculated using the chi-square test for categorical variables and the Kruskal-Wallis test for numerical variables.

- Median eGFR was stable through 24 months for people with baseline CKD
- Overall median changes (Q1, Q3) from baseline to 24 months in eGFR were similar when using MDRD and CKD-EPI formulas: -4.8 (-14.0, 2.6) mL/min/1.73 m<sup>2</sup> and -4.3 (-12.8, 1.5) mL/min/1.73 m<sup>2</sup>, respectively

### Effectiveness at 24 Months

Baseline MDRD eGFR, mL/min/1.73 m <sup>2</sup>	Participants With HIV-1 RNA < 50 c/mL, %	n
< 50	100%	14
50–59	100%	53
60–89	95%	330
≥ 90	95%	226

\*Missing = excluded analysis.

- Overall, 95% of all participants had virologic suppression (HIV-1 RNA < 50 c/mL) at 24 months
- All participants with baseline CKD were virologically suppressed at 24 months
- No cases of treatment-emergent resistance to any of the components of BIC/FTC/TAF were observed

### Overall Safety Through 24 Months

Characteristic	Baseline MDRD eGFR range,* mL/min/1.73 m <sup>2</sup>				Total N = 843	P-value†
	< 50 n = 18	50–59 n = 72	60–89 n = 451	≥ 90 n = 302		
Any AE, n (%)	8 (44)	53 (74)	318 (71)	171 (57)	550 (65)	< 0.001
Any SAE, n (%)	2 (11)	8 (11)	45 (10)	27 (9)	82 (10)	0.932
Any renal or urinary AE, n (%)	1 (6)	7 (10)	22 (5)	5 (2)	35 (4)	0.012
DRAE, n (%)	1 (6)	13 (18)	81 (18)	30 (10)	125 (15)	0.011
Renal or urinary DRAE, n (%)	0 (0)	1 (14)	0 (0)	0 (0)	1 (3)	0.392
Discontinuation due to any DRAE	1 (6)	4 (6)	41 (9)	17 (6)	63 (8)	0.299

\*Calculated using the MDRD formula; †P-values presented are calculated using the chi-square test for categorical variables and the Kruskal-Wallis test for numerical variables.

- A single renal or urinary DRAE (proteinuria) was reported in one participant with baseline CKD and did not result in BIC/FTC/TAF discontinuation
- There were no BIC/FTC/TAF discontinuations due to renal or urinary DRAEs

**References:** 1. Biktarvay USPI, Gilead Sciences, October 2022. 2. DHHS. <https://clinicalinfo.hiv.gov/en/guidelines/adult-and-adolescent-arv> (accessed Sep. 18, 2023). 3. Gupta SK, et al. AIDS 2019;33:1455-1465. 4. National Kidney Foundation. [MDRD Study Equation](https://www.kidney.org/health/learn/ckd/ckd-epi) (accessed Sep. 22, 2023). 5. National Kidney Foundation. [CKD-EPI Creatinine Equation \(2021\)](https://www.kidney.org/health/learn/ckd/ckd-epi) (accessed Sep. 22, 2023).  
**Abbreviations:** AE, adverse event; BICSTaR, Bictegravir Single Tablet Regimen; BIC/FTC/TAF, bictegravir/emtricitabine/tenofovir alafenamide; c, copies; CKD, chronic kidney disease; CKD-EPI, Chronic Kidney Disease Epidemiology Collaboration; CrCl, creatinine clearance; CVD, cardiovascular disease; DHHS, Department of Health and Human Services; DRAE, drug-related adverse event; eGFR, estimated glomerular filtration rate; MDRD, Modification of Diet in Renal Disease; PWH, people with HIV; Q, quartile; SAE, serious adverse event; TAF, tenofovir alafenamide; TDF, tenofovir disoproxil fumarate; TE, treatment-experienced; TN, treatment-naïve.

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